

Palms Row Health Care Limited

# Northfield Nursing Home

## Inspection summary

CQC carried out an inspection of this care service on 19 April 2023. This is a summary of what we found.

Overall rating for this service

Good ●

Is the service safe?

Good ●

Is the service well-led?

Good ●

### About the service

Northfield Nursing Home is a care home that provides accommodation and nursing care for adults with a range of care and support needs, including adults who are living with dementia. The home can accommodate up to 63 people in one adapted building. In addition to nursing care, Northfield Nursing Home provided intermediate care and rehabilitative care. Intermediate care is typically short-term reablement support from a range of external professionals to help people recover and increase their independence. At the time of inspection there were 28 long-term placements and 11 intermediate/rehabilitative care placements.

### People's experience of using this service and what we found

Since our last inspection the provider had made improvements in the management of medicines. Medicines were managed safely, and staff involved in the management of medicines had been assessed as competent to support people with their medicines.

People were safeguarded from the risk of abuse. Risks in relation to people's care were identified and risk assessments detailed information about how risks could be mitigated. The home was clean, and people were protected from the risk and spread of infections. There were enough staff available to assist people to meet their needs in a prompt way. Accidents and incidents were recorded and analysed to identify any trends or patterns. This helped to mitigate future risks and ensured lessons were learned. The provider had a safe recruitment process which assisted them in recruiting suitable staff.

People were supported to have maximum choice and control of their lives and staff supported them in the least restrictive way possible and in their best interests; the policies and systems in the service supported this practice.

People were happy with the food provided, with choices available at each mealtime, along with

snacks in between. The building was adapted to meet people's individual needs, there had been redecoration and refurbishment of the building since our last inspection. The home was clean and bright throughout.

The management team carried out regular audits to ensure the quality of the service was maintained. The management team took appropriate actions to address any issues. People, their relatives and staff had confidence in the management team and felt they were approachable.

For more details, please see the full report which is on the CQC website at [www.cqc.org.uk](http://www.cqc.org.uk)

#### Rating at last inspection and update

The last rating for this service was good, (published 31 March 2022).

At our last inspection we recommended that minor improvements were needed to ensure people's medicines were managed safely. At this inspection we found the provider had acted on these recommendations. Medicines were managed safely, and staff involved in the management of medicines had been assessed as competent to support people with their medicines.

#### Why we inspected

This inspection was prompted by a review of the information we held about this service.

We looked at infection prevention and control measures under the Safe key question. We look at this in all care home inspections even if no concerns or risks have been identified. This is to provide assurance that the service can respond to COVID-19 and other infection outbreaks effectively.

For those key questions not inspected, we used the ratings awarded at the last inspection to calculate the overall rating. The overall rating for the service has remained good based on the findings of this inspection.

You can read the report from our last comprehensive inspection, by selecting the 'all reports' link for Northfield Nursing Home on our website at [www.cqc.org.uk](http://www.cqc.org.uk)

#### Follow up

We will continue to monitor information we receive about the service, which will help inform when we next inspect.

**You can ask your care service for the full report, or find it on our website at [www.cqc.org.uk](http://www.cqc.org.uk) or by telephoning 03000 616161**